

# Everything Changes

Big Questions for Little Humans

Episode 14



A series that helps to explore big questions for little humans.  
We navigate emotions and situations meant to inspire dialogue in classrooms and at home.  
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**BIG QUESTIONS FOR LITTLE HUMANS**  
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Everything changes: In fact, change is always happening!

Even when you don't want it to.

Even if you think it's scary.

Change is the most reliable thing about life on earth.

Caterpillars become butterflies

Kittens become cats

Seeds become trees

Children become adults

These changes are normal and are always happening.

Nothing can stop change.

Seasons change too

The weather changes

Nothing stays the same.

Everything changes

Change can be hard (like when you lose a friend or if someone dies) or it can be wonderful (like when the sun comes out after a big rainstorm and you get to go swimming!)

Take a moment to notice whatever and whoever you are today

And enjoy the ride of life and all of the amazing changes along the way.

Love,

Dragon & Bunny

**Reading Guide:** Print this document and be sure to give your little humans the colouring sheet that's included on page 4. The adult is the listener and must make sure to be free from distractions and not correct or coerce the conversation.

Before you begin, take a deep centering breath and start with the words, "**Will you tell me...**"

- What changes have you noticed in your life?
- Is change scary, fun or both? Why? Why Not?
- Draw a picture of something that changes (plant, animal, human or imaginary)



